

THE MCAULEY

PART OF THE MERCY COMMUNITY†





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The McAuley – Change the Way You See Your Future.

Like a successful career, a fulfilling retirement is built on smart decisions. Choose The McAuley, part of The Mercy Community: West Hartford's only Life Plan Community. When you do, you'll celebrate your achievements in style. With activity and socialization, reduced stress, enhanced nutrition, lifelong wellness, and increased security, you'll live a more robust and fulfilling life. Choose from a number of spacious, well-appointed residences and a range of programs and services to suit diverse needs and interests.

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Services & Amenities

At The McAuley, our colleagues pride themselves on providing exceptional services and thoughtful amenities designed to complement your lifestyle. An excellent value, your monthly service fee at The McAuley includes a host of services.

SERVICES INCLUDED

DINING SERVICES

- Continental breakfast and your choice of lunch or dinner each day, featuring a wide variety of menu selections
- Two dining venues: a beautifully appointed club-style dining room, and an atrium café for lighter fare

HOUSEKEEPING SERVICES

- Housekeeping service every other week
- Weekly bath and bed linen service

MAINTENANCE SERVICES

- Complete building and grounds maintenance
- Apartment maintenance, including all major systems and appliances

RESIDENT BENEFITS & SERVICES

- Social, recreational, educational, and cultural programs
- Scheduled transportation
- 24-hour security and concierge assistance
- Move-in coordination service
- University of Saint Joseph courses may be audited (one course per semester) *gratis*

HEALTH & WELLNESS SERVICES

- Wellness programs including health assessments, dietary counseling, and health screenings
- Regularly scheduled exercise classes conducted by a certified fitness instructor
- Reduced-cost fitness membership at University of Saint Joseph's The O'Connell Athletic Center
- Licensed nurses on call and available 24 hours a day
- Priority access to on-campus skilled nursing care at Saint Mary Home



AMENITIES INCLUDED

FEATURES OF YOUR RESIDENCE

- Oversized windows with lovely views of Avon Mountain and The Mercy Community campus
- Private balcony or patio (most apartments)
- Kitchen equipped with refrigerator/freezer, self-cleaning oven/range, dishwasher, disposal
- Individually controlled heating and air conditioning
- Spacious closets
- Wall-to-wall carpeting in living areas, vinyl flooring in kitchen and bathrooms
- Emergency response system in each bedroom and bathroom; smoke detectors and sprinklers
- Free laundry facilities on each floor
- Extra storage space on ground floor

COMMUNITY AMENITIES

- Fitness Center
- Auditorium for movies, lectures, and entertainment
- Salon & Spa
- “The 19th Hole:” a beautifully appointed family lounge
- Outdoor dining venue
- Coffee Shop
- Walking Paths
- Library
- Game Rooms with billiards
- Greenhouse, cutting garden, and herb garden
- Gift Shop
- Meditation Room
- Craft Room
- Outdoor tennis courts and walking/jogging track at the University of Saint Joseph

AVAILABLE AT AN ADDITIONAL CHARGE

- Personal transportation
- Guest meals
- Personal laundry
- Beauty and barber shop services
- Overnight guest accommodations
- Catering for personal entertaining in your apartment or in a variety of common spaces at the McAuley





The McAuley offers residents two wonderful dining venues from which to choose: a beautifully appointed club-style dining room and a casual atrium café. Both feature our chef's delicious creations as well as thoughtful, attentive service, making dining at The McAuley a truly memorable experience!

HIGHLIGHTS

- Continental breakfast and your choice of lunch or dinner each day are included in your monthly service fee
- The McAuley's club-style dining room offers a complete dinner menu at midday as well as in the evening and features an extensive array of choices
- A variety of lighter fare, including soups and sandwiches, is available at lunchtime in the atrium café
- A sumptuous Sunday Brunch buffet is presented each week, featuring cooked-to-order omelets; carved roast beef, turkey, and ham; blintzes; waffles; fresh fruit; sweets; and other traditional favorites
- Menus change daily and offer exceptional variety
- Seasonal "themed" dishes and special holiday meals are featured regularly in the dining room
- Regional favorites and healthy meal options appear on every menu
- Alternate portion sizes are available to match your appetite
- Family and friends are always welcome to join you as your guests
- The McAuley's creative culinary staff can cater a special menu for family gatherings or private dinner parties





Recreation & Learning Programs

One of the most important differentiators for The McAuley is its active, involved, and community-minded resident population. Innovators in business, medicine, the arts, law, and higher education, these exceptional individuals continue to pursue life with vigor. Residents enjoy forming meaningful friendships with their new neighbors and organizing a variety of activities on their own – from social and recreational programs to artistic endeavors and volunteer efforts. Everyone is welcome to participate, and those who prefer their privacy find that it is always respected. At The McAuley, the choice is always yours.

RESIDENT COMMITTEES

The McAuley's Resident Committees offer an outlet for every interest and talent.

- Academic Liaison
- Activities
- Building and Grounds
- Communications
- Decorations
- Dining Experiences
- Finance
- Floral Design
- Greenhouse
- Gift Shop
- Legislative
- Library
- Resident Programs
- Welcoming

RESIDENT-ORGANIZED ACTIVITIES

Residents frequently get together to enjoy their favorite pastimes.

- Aerobics/Yoga
- Bridge
- Chorus
- Gardening
- Knitting
- Painting
- Poetry
- Strength Training
- Woodworking

ADDITIONAL PROGRAMS OFFERED BY THE MCAULEY

The McAuley's Director of Life Enrichment plans a variety of programs tailored to residents' interests, including:

- Concerts and lectures at The McAuley
- Outings to Connecticut vineyards
- Visits to the historic sites of West Hartford
- Events at University of Saint Joseph
- Movies in The McAuley Auditorium
- Trips to New York City, Boston, the Connecticut shore, and nearby mountains
- Holiday dances and parties





Health & Wellness

The McAuley promotes wellness as a key to a fulfilling retirement and prides itself on offering comprehensive wellness programs designed to help you continue your active lifestyle, as well as an extensive health support system to address your potential long-term care needs.

Wellness Services

- Dietary counseling
- Strength and balance program
- Fitness Center with access to personal trainer
- Wellness seminars
- Use of outdoor jogging track and tennis courts at University of Saint Joseph
- Pastoral counseling services
- Access to laboratory services
- Access to podiatrist
- Access to hearing specialists
- Reduced-cost fitness membership at The O'Connell Athletic Center at University of Saint Joseph, which features a heated indoor swimming pool, cardiovascular/weight room, cushioned indoor walking/jogging track, basketball court, and dance studio
- Regularly scheduled exercise classes conducted by a certified fitness instructor

Health Services

Health services at The McAuley can be based on a home care model where services are provided to you in your own apartment. As a Life Plan Community, we also offer a continuum of health care services on site and transportation to your physician services in greater Hartford. The health promotion program makes some routine services available to residents as part of their monthly service fee. These services include wellness counseling and teaching residents about a variety of health-related issues.

Residents of The McAuley are eligible to participate in the community's AMIE (Assistance Maintaining my Independent Environment) program. The AMIE program provides additional services to residents who require some assistance in order to maintain their independence while residing at The McAuley. Services through the AMIE program are available on a fee-for-service basis. These services include, but are not limited to, assistance with bathing, dressing, and medication management.

Long-Term Care Options

Should long-term skilled nursing care be needed, residents of The McAuley have flexible options.

OPTION I: IN-APARTMENT CARE

If skilled nursing care has been recommended, you may choose to remain in your apartment and arrange to have certain health care services provided at your own expense through a licensed home health care agency. The health promotion nurse can assist you in determining the type of services that would be most beneficial.

OPTION II: SAINT MARY HOME

All residents of The McAuley are guaranteed priority access to Saint Mary Home, an accredited provider of quality long-term care on The Mercy Community campus for more than a century.





The Mercy Community's Continuum of Care

Another thing that sets The McAuley apart from other living options is its unique campus. The Mercy Community offers a continuum of care, a completely seamless experience for The McAuley residents. Residents truly appreciate how easy it is to enjoy life, travel on and off campus, and visit loved ones who are just a short walk away. The living experience and health programs are customized to your needs as they arise, offering a sense of ease that is difficult to find elsewhere. And if you should need help down the road, Saint Mary Home is on campus, offering 24-hour skilled nursing care.



Mercy Community Health

Mercy Community Health is an integrated health care system and is responsible for the management of the services offered on The Mercy Community campus. Building upon the work and ministry of the Sisters of Mercy, Mercy Community Health integrates the various dimensions of its health care ministry to provide an integrated continuum of residential, medical, and supportive services for residents of its West Hartford campus and the greater Hartford community.

Your Own Space at The McAuley

While The McAuley's social programs and active lifestyle make it a great community, your private space is equally important. All of our apartments are spacious with ample light. Each one has its own storage space, plus a full kitchen and bathroom (our two-bedrooms have two full baths). And most have balconies for you to enjoy the beautiful scenery when the warmth of spring begins to emerge.



STEVENS

WADSWORTH

STUDIO FLOOR PLAN

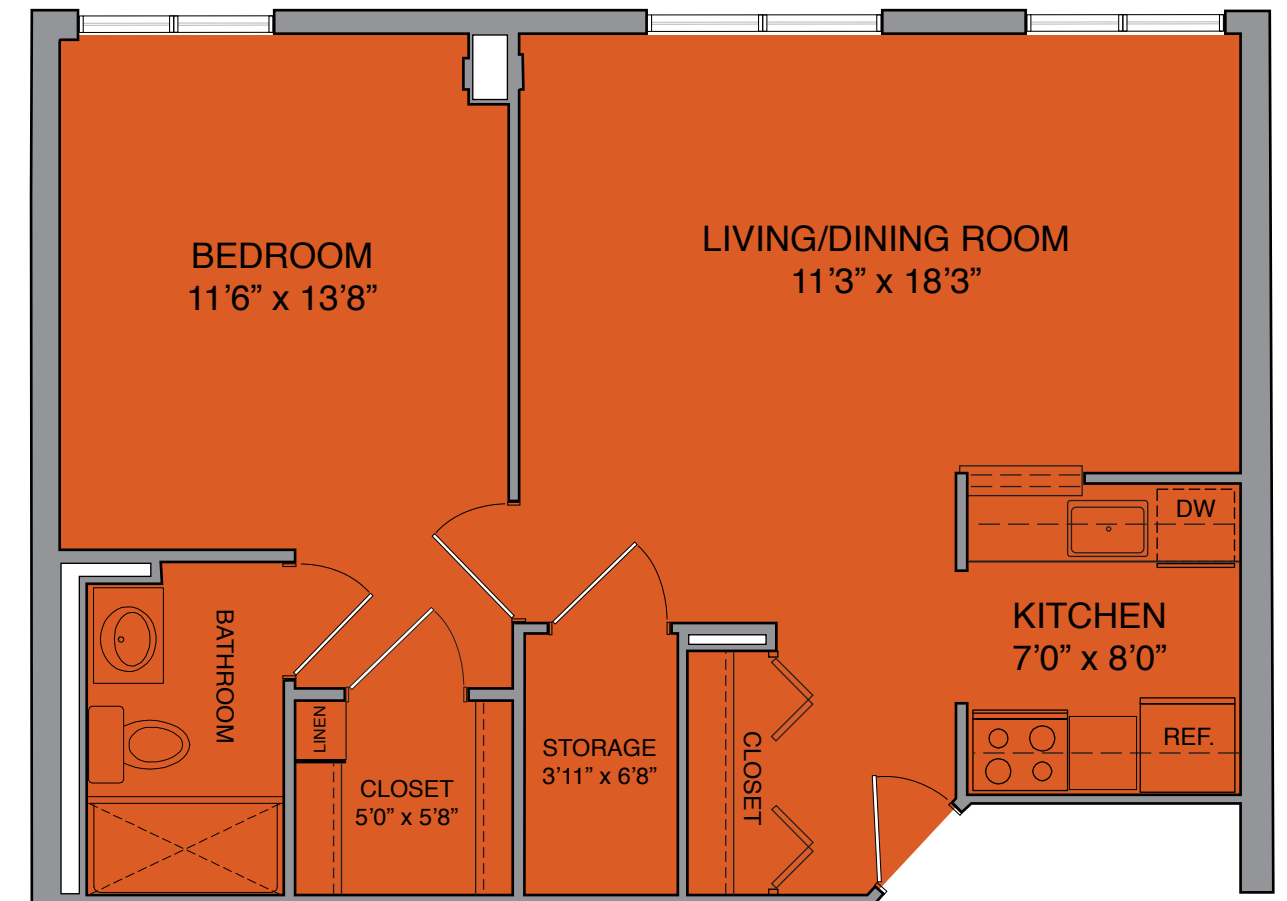
592 SQ. FT.



FINAL DIMENSIONS AND CONFIGURATIONS MAY VARY FROM THIS PLAN
SCALE 3/16" = 1'

1-BEDROOM FLOOR PLAN

620 SQ. FT.

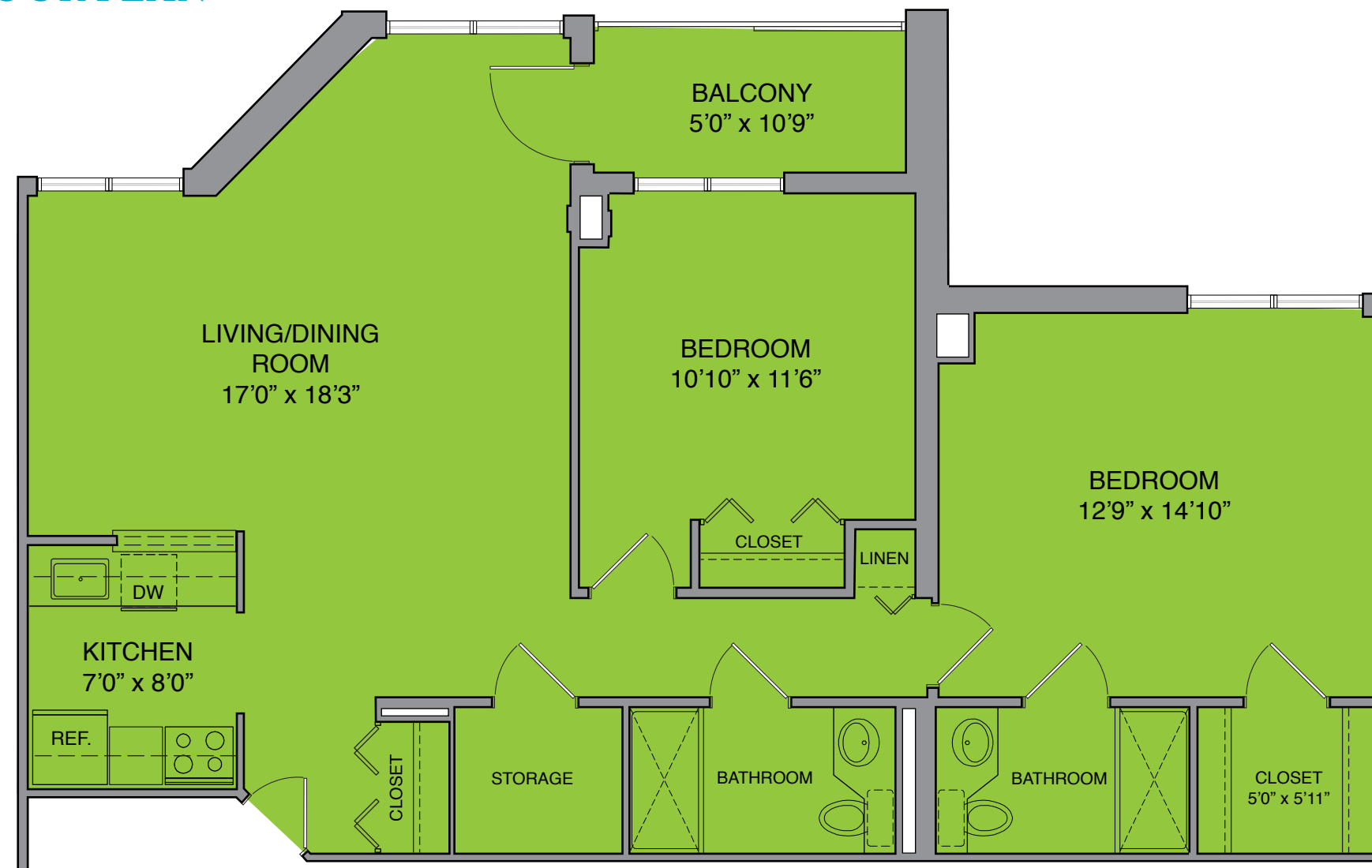


FINAL DIMENSIONS AND CONFIGURATIONS MAY VARY FROM THIS PLAN
SCALE 3/16" = 1'

STOWE

2-BEDROOM FLOOR PLAN

1118 SQ. FT.

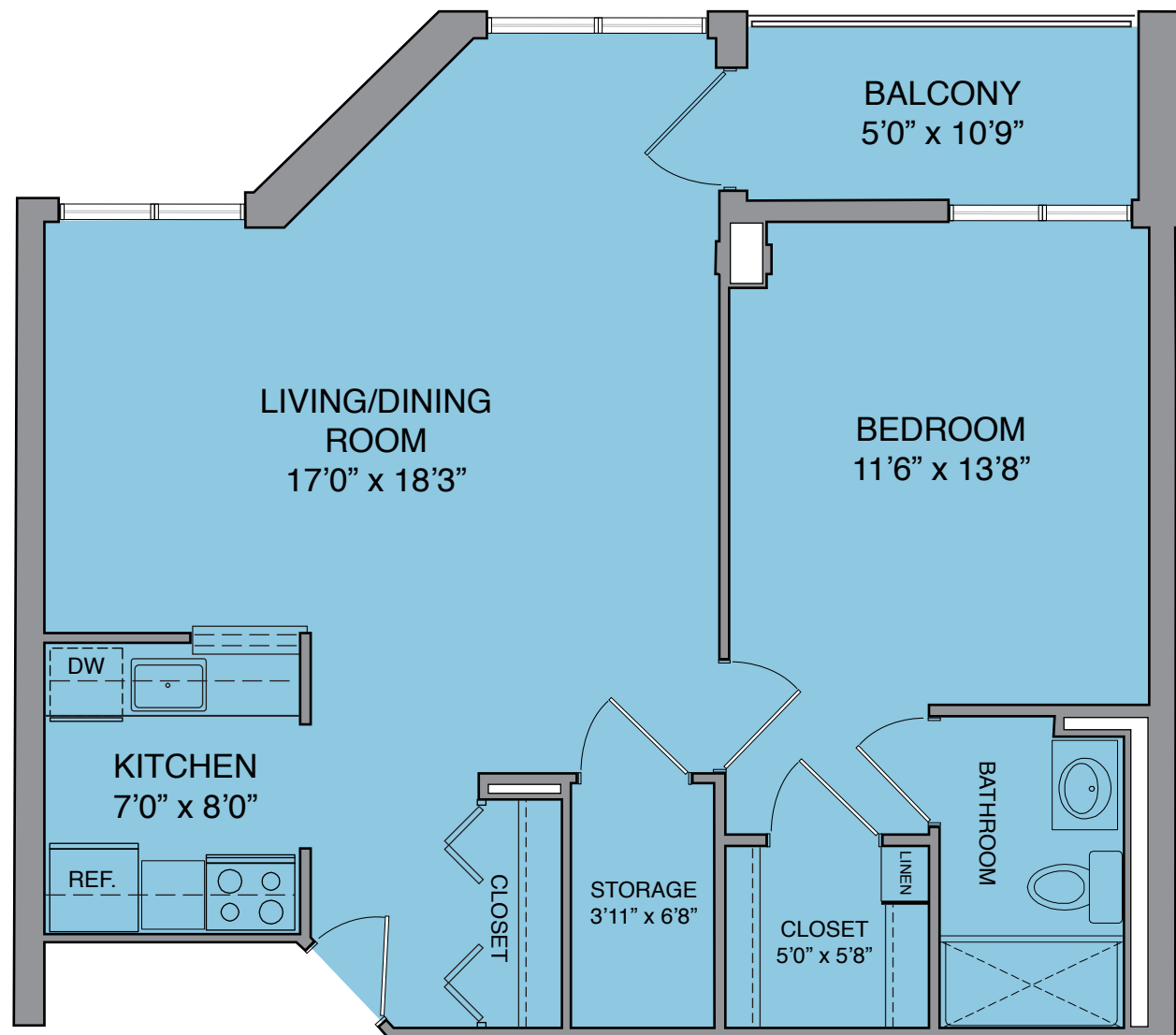


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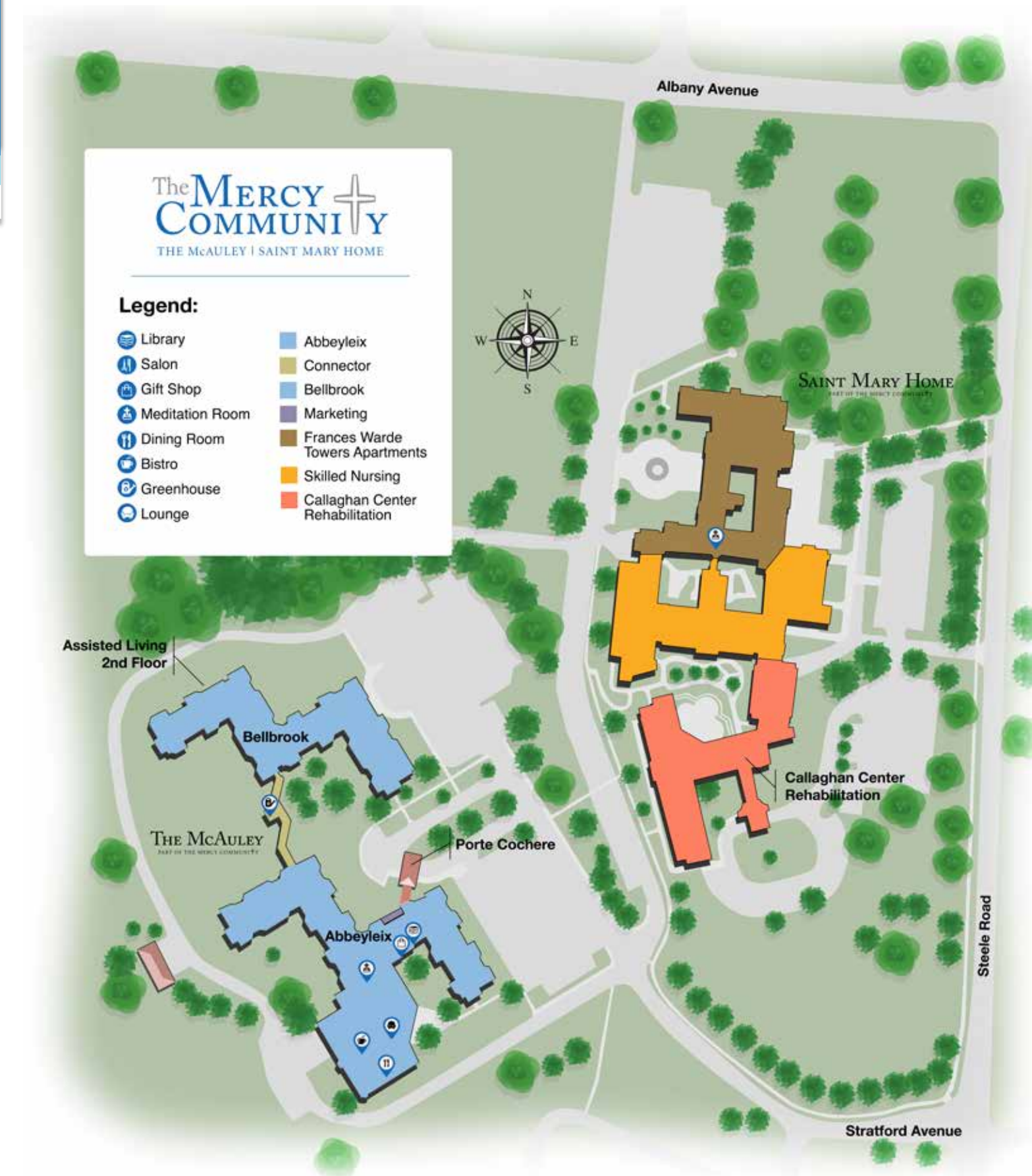
BUSHNELL

1-BEDROOM FLOOR PLAN

818 SQ. FT.



FINAL DIMENSIONS AND CONFIGURATIONS MAY VARY FROM THIS PLAN
SCALE 3/16" = 1'



Mission Statement

We, Mercy Community Health and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities. Believing in the intrinsic dignity of all persons, we uphold the universal right to holistic care, promote the common good, respond to the needs of the human body and spirit, and inspire hope and confidence on life's journey.

The McAuley Purpose Statement

At The McAuley, a Life Care Community, we realize our Mission by promoting independence, wellness and security, and creating a caring, interfaith community.

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