


THE GLACIER HILLS
FOUNDATION

Foundation Buzz

A member of St. Joseph Mercy Senior Communities

The Glacier Hills Foundation's mission is to advance and enhance the ability for Glacier Hills, Inc. to serve older adults with a continuum of lifestyle, care, and support alternatives embracing enrichment of the whole person. We do this through professionally directed philanthropic activities based on nurturing relationships with individuals, organizations, business, and others.

June 15, 2020

News and Updates from the Glacier Hills Foundation

The *Foundation Buzz* is a **monthly newsletter** intended to bring you up-to-date Foundation news. If you have any questions or would like more information, please contact us by [email](#) or telephone us at **(734) 929-6703**.

From the Executive Director

"We may have all come on different ships, but we're in the same boat now."

-Martin Luther King, Jr.

When the 'Me, too' movement was all over the headlines, and voices of women who have been abused, harassed, or violated in any way were finally being heard, I was angry. For years I had lived with the uncomfortable feelings of being a woman who aspired for more—equal pay, equal respect, equal opportunity—I was a victim. Today, with racial discrimination, and the most recent response—protests, violence, looting—I am **broken-hearted**. Why? Because in this culture, that I have helped to create by the way, I am not a victim, I am part of the problem. And, I don't know what I can do to help, but, the first step is to listen and educate myself. **We are all in this together**, and we need to do our part, just like we did when the pandemic closed us all down. Listen, learn, feel, respond. **Let's change things.**

Becky Pazkowski

Mast Shoes Makes Donation



William Pemberton, Mast Shoes Store Manager, delivered the shoes on June 2, all nicely packaged in shopping bags with the names of the recipients on each from Molly Mast.

Congratulations, shoe recipients, and **thank you, Mast Shoes!**

We were contacted last month by **Mast Shoes** in Ann Arbor, saying that during the pandemic, they encouraged their customers to purchase gift certificates. For every \$1,000 in certificates, they would donate one pair of shoes. As a result, they had ten pairs to donate and wanted them to go to caregivers at Glacier Hills...those who care for their long-time customers in Ann Arbor.

We threw the names of all front line caregivers in a hat and drew out ten names. Below are the **ten recipients** of the shoes, in the order they were drawn. Natia Nealy said of her new shoes, "**Thank you, Mast Shoes. These shoes feel wonderful. Now I can hit the ground running.**"

Cynthia Harris
Chanell Wallace
Shelley Marks
Alsan Kazan
Jaleesa Chambers
Nassouh Alkassem
Joann Ray
Natia Nealy
Rosey Pace
Vershanna Thomas

Imagine a Garden



Imagine for a moment that you are a resident who cannot venture outside of Glacier Hills without assistance. Maybe you are of sound physical capacity, but your cognitive skills are a bit diminished. Your mind and body are saying, "Go, go, go!" yet there is no place for you to go safely and enjoy nature with your family, your friends, by yourself, or with your caregiver.

For some of us, that vision is all too vivid, as many at Glacier Hills have just gone through that exact scenario due to the coronavirus. The Zen Garden on the 3rd floor of the Manor is a safe and comfortable outdoor space where our residents of the Manor continue to visit, but those in other parts of our campus are not as fortunate.

The current state of the Wellness Garden is not very pleasant. The Wellness Garden is accessible through the Birch neighborhood from the inside, and through the Meadows grounds from the outside. The seating, raised gardens, lack of shade...**it all is in need of improvement.**

Now imagine a garden lush with plantings as you exit the building, greeted by a soft flowing waterfall layered with beautiful natural rocks and greenery. New chairs, umbrella tables, raised gardens, fresh concrete, colorful garden beds, a pergola, benches, swing, night lighting all await you in the newly appointed outdoor space.

This is the scene we wish to create at the new Wellness Garden at Glacier Hills. Everything described above is included in the amenities where the environment is welcoming and **safe for everyone on our campus**, especially our residents who have limited access to the great outdoors.

The construction plans for this Wellness Garden also include mechanical and electrical components, proper drainage, surveys, permits, and fees—all that you will never see, but that are essential to the success of the garden.

The total cost for the project, all included, is **\$248,000**. We are very pleased that some donors have made gifts toward that goal currently and we are actively fundraising for more. We are

happy to offer **naming opportunities** to those who might be interested, ranging from \$1,000 to place your name on a tree, to \$125,000 to place your name on the entire garden, and there are many opportunities in between. For instance, **the family of Peggy Gilbert**, who passed away in April, recently made a gift in her memory, and her name will be placed on one of the raised garden beds.

Please contact **Becky Pazkowski, Executive Director of the Foundation** at 929-6703, if you would like more information.

Employee Receives Emergency Support

Mindy Ayala, receptionist in the Care and Rehab Center, recently received support from the Emergency Support Program. At the worst possible time, she and her family had to move out of their home for emergency repairs. Mindy expresses her **gratitude** below:

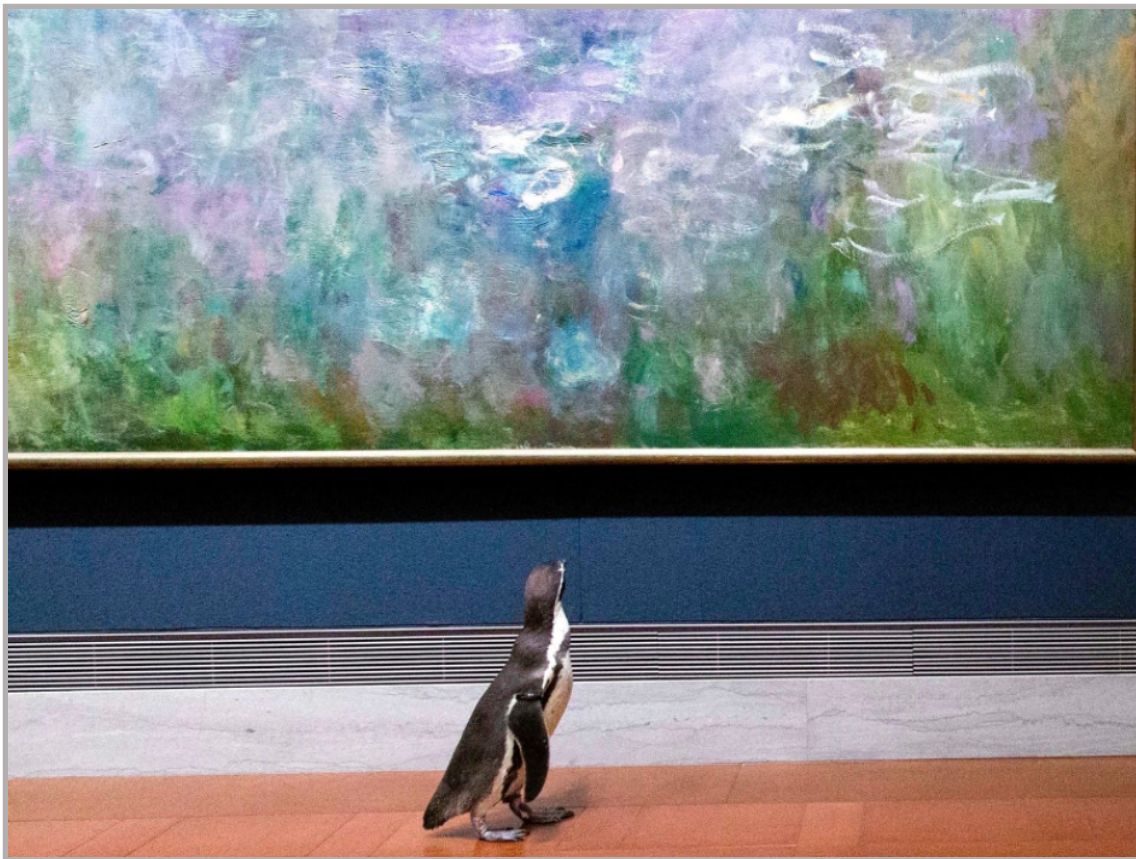
I was able to get help from the Emergency Fund during this pandemic. Just before the outbreak of COVID-19, my house flooded. I had to pay out of pocket for an expensive repair that needed to be taken care of before being able to move back into my house. Thank you to the Emergency Fund and Foundation for helping me in this time of need and hardship. I am so grateful and appreciative.

In addition to Mindy, several employees have accessed support for **Child Development Center tuition** during the pandemic. We are aware of many other requests for support that are coming our way.

Thank you to everyone who has made a contribution to the Employee Emergency Support Program!

Art Across Campus

Sara Head



One of the Art Digest's most popular features reported on some **lucky penguins** that took a fieldtrip from the Kansas City Zoo to the Nelson-Atkins Museum of Art to take in some art history.

Throughout the course of the COVID-19 pandemic and resulting closures, museums have devised **creative solutions** for public access to their collections. Exhibitions have been reimagined for virtual exploration, digital collections have been reinvigorated, and artists across the globe continue to produce new work from home. The innovations have served as a source of inspiration for providing residents at Glacier Hills with compelling art-based content.

As the **Art Across Campus** program suffered limitations from cancelled programming and offsite staff, a weekly **Art Digest** became one method of bringing art directly to residents in their apartments. The Digest featured weekly stories on the happenings of the art world, directions to online resources for museum exhibitions, articles, and art books, and art-inspired activities.

Like any institution that houses an art collection, just as much happens behind the scenes as happens on the gallery floor. While Art Across Campus programming is on pause, the **Art Coordinator** and **Art Across Campus Committee** are taking advantage of the time to complete and expand database records of the art on campus, created detailed procedures for

the various Art Across Campus offerings, and consider the broader picture of how the Art Across Campus could continue to grow and provide **world-class art programming** for residents of Glacier Hills far into the future.

Foundation Supports National Nursing Home Week

The week of May 11 was **National Nursing Home Week**, which is typically preceded by National Nurses Week. This year brought even greater meaning to the value placed on healthcare workers throughout the world. At Glacier Hills, we wanted **something a little more special**, as we have asked more and more of our colleagues this year.



The Foundation board stepped up and **approved the funding of new logo jackets for every colleague at Glacier Hills**. We gave them out at a [controlled] celebration on May 15, where we also offered lunch from **Dibella's Old Fashioned Submarines**. The jackets and the subs were well received and appreciated. **Thank you, Foundation Board Members!**

Foundation Board Members

Mary Ann McDonald (Chair)

Pat Tamblyn (Vice-Chair)

George Borel (Treasurer)

Mark Foster (Secretary)

Ilene Birge

Craig Courts

Ralph Kauffman

Liz Messiter

Ken Nisbet

Donna Snyder

Vic Strecher

Dale Berry, *ex-officio*

Bill Stapleton, *ex-officio*

AnnMarie Satterlee, *staff*

John Meneghini, *staff*

Becky Pazkowski, *staff*

Re-Opening Plans

As with the entire Trinity Health system, we are working on a plan at the Foundation to re-open our offerings that have been cancelled during the pandemic. **Stay tuned for more information**, as we gradually add living color to the campus again.

Foundation Staff on Campus

We're baaaaack! Yes, all Foundation Staff is back on campus, as of June 1. Our Foundation Office is open **Monday-Thursday 8:30-5:00**. Call or email for any questions or clarifications.

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